

2 Free Months of
Membership!



Club Amenities

Group Exercise Classes

- Exciting group exercises for all fitness levels! We offer many formats including cycle, strength, yoga, Pilates and cardio!
- Fully Stocked Locker Rooms
Our locker rooms are designed and equipped to get our busy clients in and back to work as quickly as conveniently possible.

Personalized Wellness Program

- Our Exercise Physiologists will work with you one-on-one to build a customized wellness solution based on data received from your Health Risk Appraisal and Fitness Evaluation.

“Stick With It” Membership Special!

Commit to be Fit for A Year and we'll reward you with 2 Free Months!

Pre-pay for an annual membership and you'll receive August and September Free!

Offer open to existing members. Expires August 31, 2009.